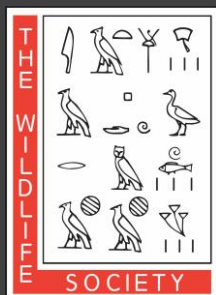
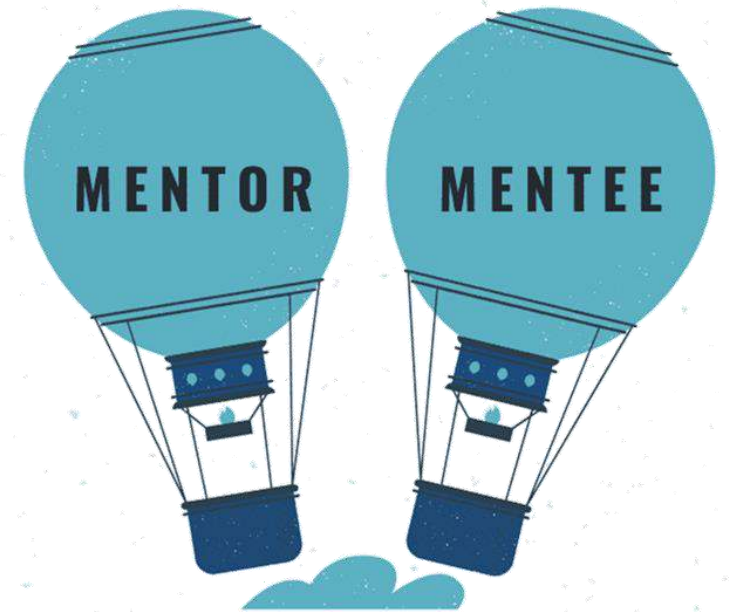


Alabama Chapter of TWS Mentor Program



What is the ACTWS Mentor Program?

- The ACTWS Mentor Program is the chapters first mentorship initiative allowing students to form **mentoring relationships** with professionals around the state who can help them **grow** professionally and become more **marketable**.
- The program also enables students to conduct informational interviews (20-30 minutes) with Alabama professionals to gain **career connections** and career **clarity**.





What are the goals?

- Provide opportunities for students to **explore** professional goals, career interests, and workplace preferences
- **Support** students in developing their personal and professional networks
- Help students and mentors gain an **appreciation** for mentoring as a professional development and networking tool.
- Provide a **meaningful opportunity** for ACTWS professionals to connect with students around life, career, and professional experiences.

Who can participate?

Mentors

- Regular, New Professional, or Retired members of the Alabama Chapter of TWS

Mentees

- Current students (undergraduate and graduate students) and recent graduates
- We encourage students to become members before participating, but it is not required

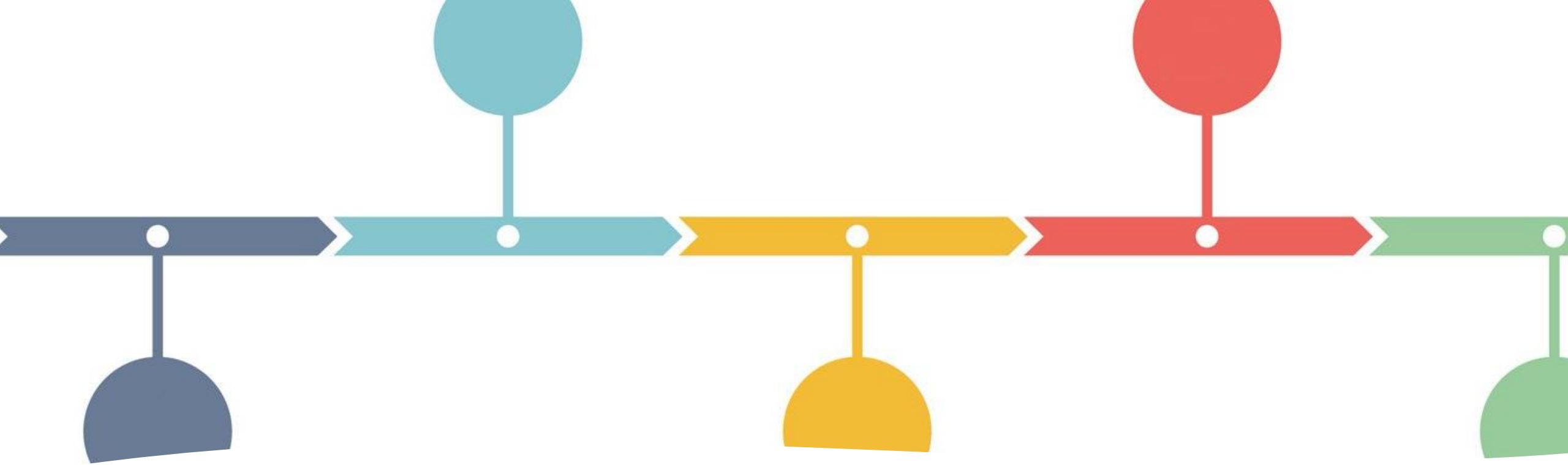
How are students & mentors matched?



Students and mentors will each complete a profile/application.

A subcommittee of three professionals will then pair student and mentors based on their interests and preferences

A subcommittee member will then present the student with the suggested mentor and have the student reach out to him or her.



Timeframe

- This first session will be a **trial run** will last **one semester**, spring 2022
- In **future years** we will like the mentorship to take place throughout a **school year** (i.e., fall & spring semesters)
- Students and mentors then have the option to **continue** their mentor partnership past the allotted time, or **move** to another mentor partnership

What is Expected of a Mentee?



Commit to the mentoring relationship for the full length of the program (16 weeks).



Connect with mentor on a regular basis (once a month phone call, video chat, in-person meeting, or email conversation).



Work with mentor to set goals. Solicit constructive feedback and guidance to promote personal and professional development related to these goals.



Seek guidance to enhance networking, communication, problem solving, and interviewing skills.

What is Expected of a Mentor?



Commit to the mentoring relationship for the full length of the program (16 weeks).



Connect with student on a regular basis providing mentee with adequate opportunities for interaction.



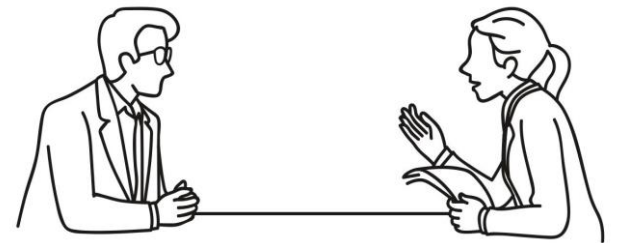
Work with student mentee to set goals for the program and provide feedback and guidance related to these goals.



Share experiences and feedback to develop mentee's networking, communication, problem solving, and interviewing skills.

Informational Interview

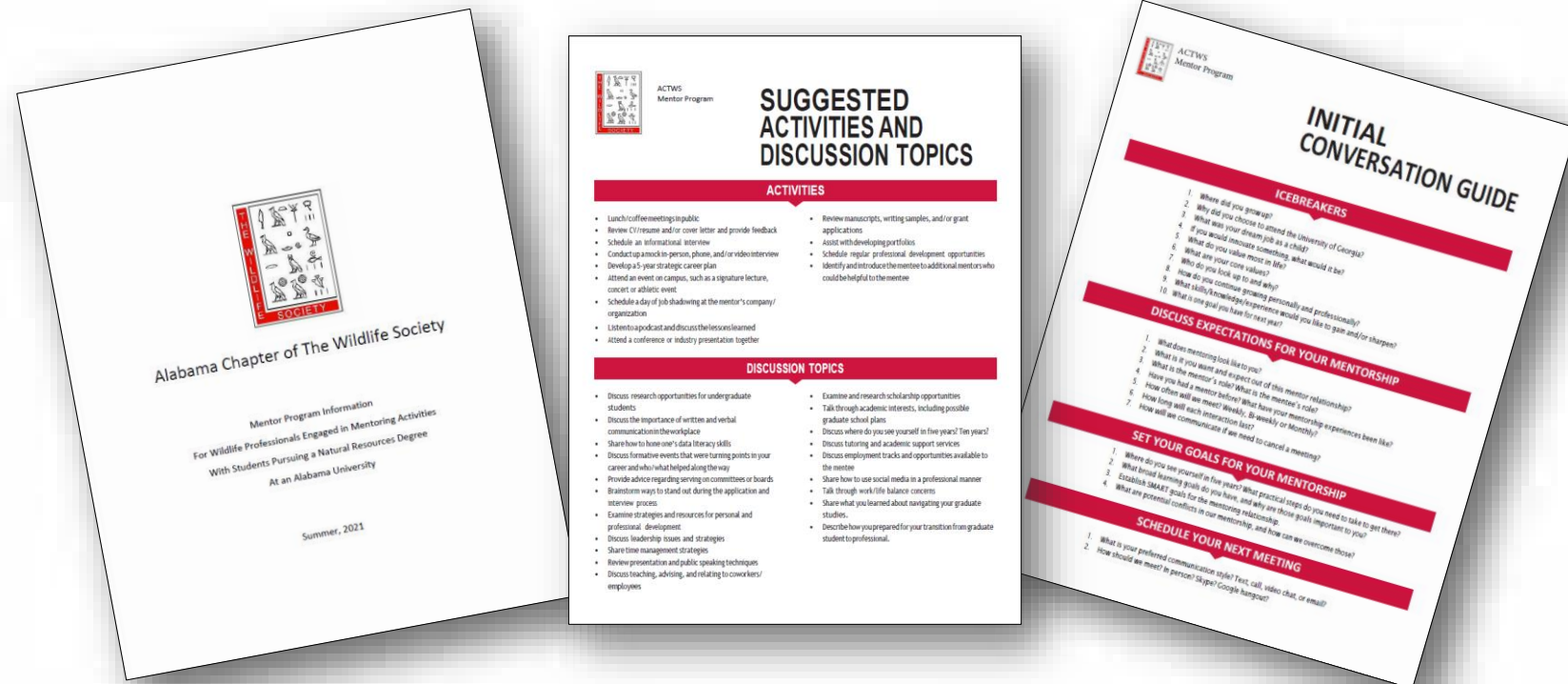
- Informational Interview are separate **short-term** opportunities for students to **interact** with professionals in their career field of interest.
- This option is especially suited for those that cannot commit to a 16-week mentorship.
- Informational interviews allow students to have ~30-minute conversations with professionals to **ask questions** related to their school, work, life, and career.
- These **quick connections** also offer a wonderful opportunity for students and professionals to determine if the two of them are a good fit for a 16-week mentorship.



Resources



- Mentorship Program Manuals
 - Mentors
 - Mentees
- We appreciate constructive feedback and recommendations to improve the program



REGISTER NOW!

Mentor Application



<https://forms.gle/zspKZcwUVkkJvueP6>

Student Application



<https://forms.gle/T9CZejeGkASPizt4A>